

Route to Employment

Bright Lives C.I.C offers training and support for people with additional learning needs, with the aim to provide the skills required to live a fuller and independent life, leading to the opportunities of volunteering and employment or further education. All our courses are supplied with written and photographic evidence to support the progression and outcomes. The student will be presented with a ASDAN certificate to support the progression. These are Internally and externally Accredited by **ASDAN, centre registration – 35703**

ASDAN - Volunteering

The Volunteering as an Adult Short Courses each contain three modules, corresponding to different aspects of volunteering:

Get Ready to Volunteer – Volunteering planner

Your Volunteering Experiences – Volunteering log

Making the Most of Your Volunteering – Volunteering review



Volunteering experience in Bright Lives and other partners

The Volunteering Short Course provides a convenient way to capture, record and recognise the work of volunteers. There are challenges to help plan and review volunteering activity along with logs to keep track of the work carried out.

The flexibility of ASDAN's Short Courses means they can be carried out in a variety of settings, over a time period to suit the individual or co-ordinating centre (up to 60 hours). Challenge descriptions can be interpreted and adapted according to the situation

**12-week course, including Dinner Club
2 hours per week
£30 per week with certification**

Total cost £360.00

Bright Lives Social Enterprise C.I.C - Empowerment through Achievement

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ASDAN - Money Skills

- Recognising money
- Looking after your money
- Buying something regularly
- Using a shop
- Using a cafe
- Optional project



ASDAN - Travel Training

- Planning your journey
- Preparing for your journey
- Travelling
- Getting off
- Coping if things go wrong
- Optional project
- Completing a journey

12-week course, including Travel Training
2 hours per week
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ASDAN- Careers and Experiencing Work

The Careers and Experiencing Work Short Course student book contains activities across seven modules:

Self-development
Career Exploration
Career Management
Considering Higher Education
Considering Apprenticeships
Preparing for the Workplace
Being at Work

The Careers and Experiencing Work Short Course has been produced to support the delivery of Careers and work-related education, and to help with planning and undertaking work experience/placements. It can support your centre in meeting its duty 'to secure independent and impartial careers guidance.

60 Hrs
2 hours per week
£30 per week with certification

Total cost £960.00

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Sex and Relationships

- Body Knowledge
- Relationships
- Sexual Activity and Behaviour
- Contraception and Sexual Health
- Personal Skills
- Culture and Society

The ASDAN Sex and Relationships Education Short Course accredits up to 60 hours of activity aimed at increasing young people's awareness of, and confidence to deal with, issues surrounding relationships, personal skills and sexual health.

60 Hrs
2 hours per week
£30 per week with certification

Total cost £960.00

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Bright Lives C.I.C can deliver the complete set of courses as follows :

ASDAN - Volunteering, Volunteering experience in Bright Lives

ASDAN- Careers and Experiencing Work

Sex and Relationships

Money Skills and Travel Training

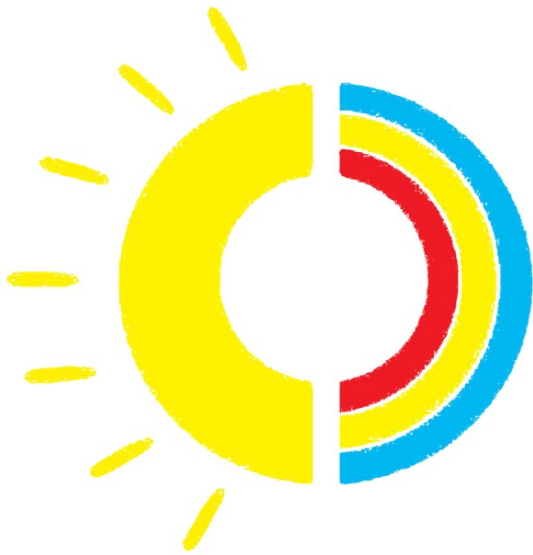
Delivered, two days a week over 12 Months at a rate of £65.00 per day

Including registration and accreditation.

for further details:-

please call 01206 615165

or email: michael@brightlives.org.uk



www.brightlives.org.uk

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